

Care Management Plan 2016 – 2017

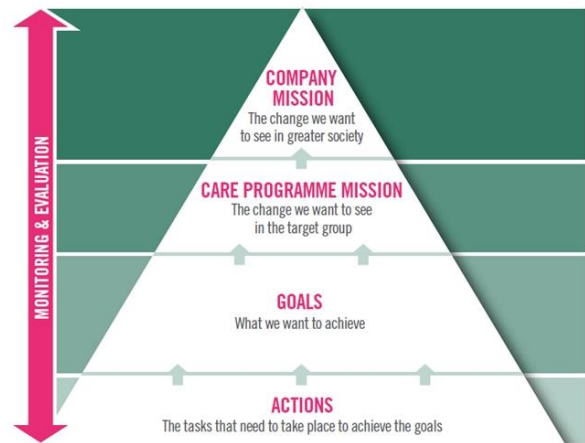
Brasov, Romania



About the Care Management Plans

This document explains the bigger picture of our projects in Romania and how the combined daily tasks of all of our volunteers help us to achieve long term goals. By following Task Lists, our volunteers work towards our Goals, through which we contribute to our Care Programme Mission which combined with our other projects, helps us to reach our Company Mission.

Here we will lay out the priorities, resources, monitoring tools and evaluation systems used to make our ambition a reality.



Our Resources

<p>Human Resources</p> <ul style="list-style-type: none"> • Volunteers are of course our primary resource to achieve our goals. We welcome over 3,000 Care volunteers per year globally. • The staff at our placements support and facilitate our actions • Over 600 Projects Abroad staff members provide the structure we need for worthwhile projects. 	<p>Physical Resources</p> <ul style="list-style-type: none"> • With over 50 Projects Abroad offices worldwide, there is always somewhere for volunteers to work together and share experiences • We provide all necessary placement materials and regularly construct and renovate care centres. 	<p>Online Resources</p> <ul style="list-style-type: none"> • Our Volunteer Resources Database shares thousands of ideas among our community • The Care Database is used to track our projects all over the world • Personalised MyProjectsAbroad webpages prepare each volunteer for their Care project.
<p>Financial Resources</p> <ul style="list-style-type: none"> • Funds for all of Projects Abroad's work come solely from volunteer placement fees. These are distributed via monthly budgets, to ensure fair allocation of funds for each destination. • Occasionally the Projects Abroad community may send donations directly for a specific placement or project. 	<p>Intangible Resources</p> <ul style="list-style-type: none"> • The good reputation of volunteers in local communities is what makes our work possible. This reputation has been earned over years of dedicated volunteer contribution. • This is supported by the combined knowledge of our extensive staff network. 	

Our Care Management Plan Goals in Romania for 2016-2017

The following goals have been selected from a list of nine by our local staff and partners. Each placement may be working on one or more of these goals. We try to put volunteers in the most suitable placement based on what we know about them. We provide workshops, training, volunteer guides and checklists for each of these goals.



Increase Literacy

Reading and writing are essential skills for every person to master. Building these basic skills at a young age can greatly increase a student's ability and interest later on. Throughout the 20th century, the literacy rate in Romania was one of the lowest in Europe. Our first priority in Improving Literacy is to ensure all children have access to the essential resources for development. We do this by assessing each placement on a list of criteria designed to promote reading and writing skills. These criteria are gathered into our specially designed Literacy Rich Environment Checklist.



Improve English

English has undeniably become the global language for business and tourism, so knowledge of basic English from an early age can substantially increase children's educational as well as future employment prospects. In the foster homes we work in, the children rarely take part in English classes because they study in more remote villages around Brasov. As such, our volunteers, in particular native speakers, can offer invaluable help in introducing the children to English and improving their phonetics, pronunciation and grammar.



Promote Early Childhood Development

We aim to assess each child in fields of physical, social, emotional and cognitive development. Using ECD checklists, we are able to identify the greatest areas of need in our partner placements, as well as target individuals who require the most help. Volunteers can help to focus on the children's development at all levels, by organising relevant games and activities. We are also able to track each child's progress and follow up in areas that most need attention.



Improve the Level of Stimulation of Each Child

It has been shown that a lack of stimulation in early years can lead to delayed development later in life. It is equally important to ensure that children with disabilities are kept stimulated in order to improve their motor skills. Volunteers' activities encourage mental, physical and social exercises, and can help inspire the placement staff in new ideas. Early exposure to stimulating games and activities strengthens a child's memory capacity, learning ability, physical health, social skills and emotional coping skills.



Increase Emotional Care and Support to Each Child

Emotional support is crucial to development. Our personality, sense of self, our confidence and our ambitions are all built on a foundation of care and support we receive as children. Many children in the foster homes we work with have come from difficult backgrounds. These children have complex emotional needs that the under-resourced care centres do not necessarily have time to address. Volunteers can help develop games and activities that allow the children to not only learn about emotions but also learn to express their own creatively.

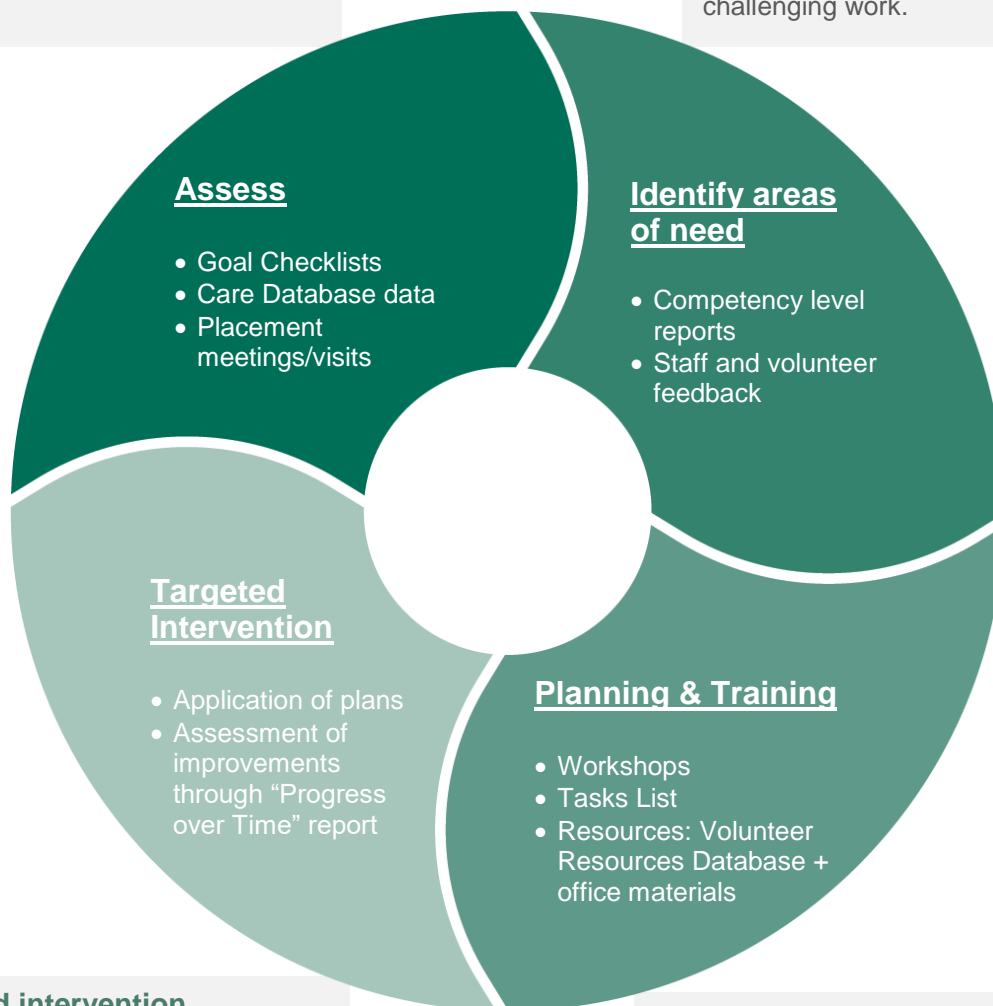
How we achieve our goals

Assessment

Through specially designed checklists, our volunteers assess the status of each child or placements in areas related to English, Numeracy, Hygiene and more on a daily basis. This information is uploaded to the Care Database through regular workshops with our team.

Identify areas of need

Through our reporting system we can identify the areas that most need human or material resources. This helps volunteers to know which children are struggling so that they may conduct remedial classes; and also which students are ahead, so that they are given more challenging work.



Targeted intervention

Through our steady stream of volunteers year round, we are continuously targeting the areas of need determined by our checklists. Although a 4 week volunteer might not see a tangible difference in the time they are there, we are able to show that over longer time frames each and every volunteer contributes to long-term, sustainable impact.

Planning and Training

Based on the areas of need we create Task Lists, workshops and community days to direct our impact to where it is most needed. Resources are designed by volunteers and these are shared on the Volunteer Resources Database.