

THE OFFICIAL NEWSLETTER

For Projects Abroad Ghana



ProjectsAbroad

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Highlights of the month

Global Gap 2014

Our Global Gap volunteers spent valuable time in Cape Coast. From a medical outreach in a remote village to a lecture on African and Ghanaian culture and history, it is surely an awesome way to *help* and *learn*. The volunteers went to the Ankaful Leprosy Camp and painted the rooms of some of the persons of the camp. They cleaned and disinfected the floors to leave a freshly scented atmosphere the inmates will cherish while it lasts.

Our Global Gapers travelled from the historical Cape Coast to the evergreen Akuapem Hills. In the Hills, they spend some quality time with the children at our care placement - Adom Day Care Center. They played with the children and sang rhymes with them. They were treated with some African drum beats and quick rhythmic dance moves. The energy and rhythm would have taken your breath away!



1. Volunteers in a pose with a person suffering from leprosy
2. Volunteers at a medical outreach in a village near Cape Coast
3. A volunteer carrying a toddler the Ghanaian way at a Projects Abroad Care placement in The Hills
4. A dancing and drumming tutor taking volunteers through the art of drumming

Will you be my bride's maid?

When a man and a woman find love, there is certainly a day when the world shall witness. Wedding traditions differ from culture to culture but it seems a white wedding is what modern couples would prefer.

In Kumasi, a host sister, daughter of our host mother Rosemary Osei Tutu, gave a newer meaning to "white wedding" when she invited volunteers living with them to be her bride's maids. What can describe this better than the picture on your left?



Volunteers Rochelle Graveline, Jemma Escreet, Camilla Peterson and Kana Matsuzaki in a pose with the newly-weds

Meet two of our rare volunteer nationalities



Bianca Pais, from Mumbai, India, spent five weeks in Ghana on our HIV and AIDS project. Most days of the week, she spent her working hours at the Fevers Unit of Ghana's biggest hospital: Korle Bu Teaching Hospital.

She and our medical staff Richard Dugbenu, reached out to a local school in Nungua in Accra. They checked the vital stats, blood pressure and blood group of the teachers of the school. They also tested staff that had symptoms of malaria for the disease. It's essential to keep teachers informed about their health to be able to handle the children well. On other outreach days, they treat children who have wounds, ringworms and other skin infections.



Our public health programme in Kumasi welcomed the first ever Projects Abroad Israeli volunteer to Ghana. Mark Sheinkman volunteered in Kumasi which is the capital city of the Ashanti region, the most populous region of Ghana.

On this month's public health outreach, Mark, together with other volunteers travelled to the Tafo Roman Catholic school where they treated over two hundred children's wounds, ringworms as well as other cuts and infections.

Winneba

Dirty Day

Winneba has one of Ghana's most beautiful beaches which serve as a source of livelihood for local fishermen and fishmongers as well as a magnet for both domestic and foreign tourists alike.

From time to time, volunteers embark on a Dirty Day activity where they get dirty with paint and soil to transform the learning environment for school children. In October, volunteers in Winneba painted the walls and classroom furniture of Saint Anna's Family Home School. The school which also runs an orphanage is a Projects Abroad placement that our care volunteers work within. Volunteers care for the children at the nursery school and teach in the higher classes.



Cooking Lesson

Over the years, many host families have played a dual role in Projects Abroad activities. Such as Esi Bentum Annan, who is a caterer by profession and a host for Projects Abroad volunteers. She transfers her love to the volunteers in regular cooking lesson sessions. Here, she guided the volunteers to prepare one of Ghana's delicacies: boiled yam with palaver sauce.



Note from the Editor

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Chairs can serve different purposes and can have different designs; but one thing is for sure: we all sit on chairs. When the name changes from “chair” to “throne” then you know that it is a special chair for a blueblood - a royal. Check out this throne in a palace of a small village near Cape Coast where our Global Gap volunteers were invited to offer medical assistance to the villagers



Please feel free to contact the Communications Officer if you have any questions, concerns or comments:

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