



ProjectsAbroad

help...
learn...
explore!

Care Centres / Kindergartens / Orphanage Work / Special Needs /
Equine Therapy / HIV/AIDS

Care

> www.projects-abroad.co.uk
info@projects-abroad.co.uk

Tel: 01903 708300

Why choose Projects Abroad?

SAFETY & SECURITY: We take your security abroad very seriously. Before we send volunteers anywhere, the countries must be politically stable and safe. We are in contact with the Foreign and Commonwealth Office regarding safety and stability and, of course, we have the added security of our own overseas staff who know the local area in detail.

STRUCTURE: Our Care projects are structured so that you get the most out of your time overseas. Each placement will have a project supervisor there to provide assistance and guidance throughout the trip.

VARIETY: We want to match your skills and enthusiasm to the right project. There are 28 destinations to choose from, allowing volunteers with all interests to find a placement that is just right for them.

FLEXIBILITY: Our projects have no set start dates, which means you can choose when your placement begins.

CV AND SELF-DEVELOPMENT: Voluntary work with Projects Abroad is excellent for your CV and university applications. It gives you greater life experience, develops personal skills and shows your initiative to try something new – traits which appeal to employers and universities.

PRICES: Care placements start from £995.

DESTINATION	CARE CENTRES	KINDERGARTENS	ORPHANAGE WORK	SPECIAL NEEDS	EQUINE THERAPY	HIV / AIDS
Argentina						
Bolivia						
Cambodia						
China						
Costa Rica						
Ecuador						
Ethiopia						
Fiji						
Ghana						
India						
Jamaica						
Kenya						
Mexico						
Moldova						
Mongolia						
Morocco						
Nepal						
Peru						
Philippines						
Romania						
Samoa						
Senegal						
South Africa						
Sri Lanka						
Tanzania						
Thailand						
Togo						
Vietnam						

Key: Africa Asia Eastern Europe Latin America and the Caribbean South Pacific

Some of our Care Projects

Kindergartens



Volunteers on a care placement in a kindergarten will work as teachers' aides and help facilitate activities for young children. Volunteers may find themselves working alongside local staff in the main classes or taking smaller groups aside to focus on specific activities. Your duties may include teaching basic maths, building English vocabulary, or organising arts and sports events to improve coordination and motor skills. Another common responsibility is leading the children in fun singing games, which is a popular method for helping small children memorise information. Volunteers who want to do care work and are looking for a more structured project will enjoy our placements in kindergartens where hours and activities are planned according to the schools' schedule.

Care Centres

The majority of our placements in care centres involve working in day care facilities or organisations that provide daily services (excluding housing) to young children. These centres are often understaffed, thus giving volunteers an array of responsibilities and the chance to work hard. In day care centres, volunteers may help out by washing and feeding babies or younger children. When the practical work is done, there are opportunities to focus on activities that will help enhance the children's motor and sensory skills. The personal attention and affection children receive from our volunteers makes a huge difference to their development at this critical stage in their life.

Volunteers can get involved in working with street children in a number of our destinations. You could help to prepare free meals, provide personal hygiene advice and teach literacy skills.



Orphanage Work

As a care volunteer working in an orphanage, you will have the opportunity to make a positive impact on children's lives. You will be helping the kids to learn life-skills that parents would normally teach, as well as helping out the local staff with daily tasks. Your work in the orphanage will include getting involved in the day-to-day running of the orphanage by making sure children are fed, washed and dressed, as well as spending time giving the children extra personal attention and guidance.

There are many opportunities to be creative and plan activities according to your own personal talents or interests. Volunteers often include activities like arts and crafts, music, sport and games. You can also take on a more educational role by arranging personal hygiene and social skills workshops.

Your day will usually begin quite early to help prepare the children for school and serve breakfast, however, you may have a few hours off in the afternoon for planning activities. Many of the orphanages we work with house children of many ages, so depending on your work schedule and the school hours in your host country, you may have the opportunity to work with both younger and older children throughout the week.



Opportunities exist in some orphanages for our volunteers to be more involved in the teaching or medical side of care work. You may spend your afternoon helping the older children with their homework when they return from school, or if you have the relevant skills you can administer first aid to any children in need. The work volunteers do can be challenging at times but the strength and resilience of the children will inspire you to persevere.



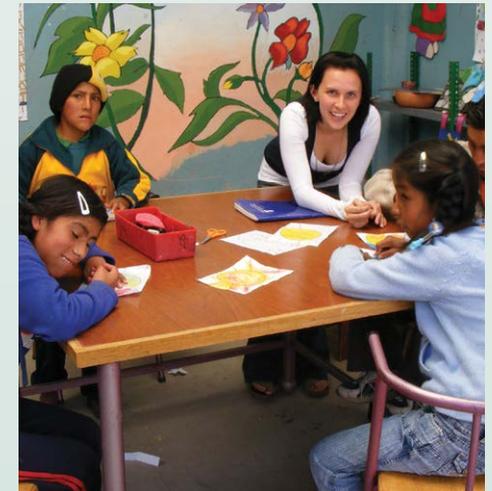
Special Needs

There are many opportunities for volunteers to work in care homes or schools for people with physical or mental disabilities. Conditions at these placements are often basic and staff are sometimes overworked.

Volunteers at a special needs placement may find themselves working with a variety of ages, from young children to adults. If you have any experience working in this field, your help will be especially appreciated by both the local staff and the children you work with.

Volunteers are needed to provide another pair of hands, helping some of society's most vulnerable people to lead a full and rewarding life. Volunteers assist in improving competence and awareness in social areas, such as understanding and following the rules of society, problem solving and understanding others. Helping in these areas is vital in order to give these children and young adults the best chance of living independently in the future.

Some of these placements also include a medical component, as we have volunteers working in centres for physical rehabilitation as well as hospices for those with AIDS or cancer. There are opportunities at some placements to get involved with physiotherapy or help in other medical fields.





Equine Therapy

Our Equine Therapy projects in Argentina and Bolivia allow you to work with children, adults and horses.

Volunteers on these projects help both adults and children rehabilitate from emotional and physical problems through a therapy programme that involves working with horses. A trained horse can aid the recovery of patients by encouraging the patient to focus on movement, spatial orientation, posture, language and muscle control.

Your role will vary each day, offering a diverse range of experiences and work to get involved in. The effect of the therapy varies with each child. By displaying enthusiasm and a passion for horses, you can help to create a positive experience for every student. Your very presence will help to make each session enjoyable, which is vital to maintaining the interest of the children.



HIV / AIDS

You can do really worthwhile volunteer work abroad by helping out on one of our HIV/AIDS projects in Ghana or Nepal. You can spend your time abroad working to raise awareness about HIV/AIDS or volunteering at a care home with children affected by the disease.

In Ghana volunteers have the opportunity to work on a pioneering HIV/AIDS programme in Accra. As a volunteer you will not only learn about the HIV/AIDS situation in Africa and the stigma surrounding the virus, but will also get to observe and work directly with patients who are suffering. In order to prepare you for this eye-opening, emotional and rewarding project, volunteers are given a three day training course on arrival in Ghana. This intense training will help you become familiar with counselling patients, testing for the virus and spending time with people suffering from HIV and AIDS.

In Nepal we work with an organisation whose goal is to help children under the age of 10 who have HIV/AIDS. This is a care and support programme where a child comes with their mother or father and stays for long term treatment. They are given a nutritious diet to boost their health as well as counselling on HIV/AIDS. It is a free centre for both the child and their carer and residents normally stay between six months to one year. Volunteers working on this project will be caring for and supporting children who live at the centre by feeding them, playing games and perhaps even teaching some English.

What is Included?

YOUR PLACEMENT: Care projects are available in all of our 28 destinations. You will be given a supervisor at your place of work. Your supervisor and the local Projects Abroad staff will meet with you regularly to discuss how your placement is going and assist with any issues that may arise. Our staff also often run care workshops to give you more ideas and support during your placement.

YOUR ACCOMMODATION: In most destinations you will live with a local host family who has been carefully selected because they are friendly, welcoming and can provide you with safe and secure accommodation for the duration of your stay. In a small number of destinations like China, Vietnam and Cambodia, you will live in shared volunteer accommodation in an apartment or volunteer house.

ALL YOUR MEALS: We will ensure that you are provided with three meals a day, including either a packed lunch or lunch provided where you are working.

COMPREHENSIVE LOCAL SUPPORT: We directly employ sizeable staff teams in all of our destinations and they are responsible for ensuring that all aspects of your project run as smoothly as possible. From the moment they meet you at the airport they will be available to show you around the local area, introduce you to your host family and placement supervisor, and be on-call 24/7 if you have any problems.

YOUR OWN START DATE AND PROJECT LENGTH: You choose when and where you want to go and how many weeks you wish to work. Projects run from 2, 3 or 4 weeks upwards.

INSURANCE: Our package includes comprehensive travel and medical insurance for the duration of your time away with us.



2 easy ways to apply



Internet
www.projects-abroad.co.uk
(Under section "Apply Now")



Telephone
01903 708300

“My trip to Argentina is epitomised by a string of memories that have changed my life forever. Though we were placed in an underprivileged neighbourhood, to me, it was one of the richest places on Earth! My kids showed me a way of life that I want to abide by: “live simply, walk humbly, love genuinely,” and always smile. Nothing compares to that feeling of affection for the kids at my placement.”

ProjectsAbroad

Kristina Baier / Care in Argentina

Care projects are available in the following destinations:



Care

Aldsworth Parade, Goring,
Sussex, BN12 4TX, UK

Tel: 01903 708300
info@projects-abroad.co.uk

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